

March 2018

Dear Students, Families, Staff, and Community of the Horseheads Central School District:

I would like to thank our students and staff for their collaboration to memorialize the victims of Stoneman Douglas High School and to have their voices heard in a meaningful way.

This morning, our High School students gathered in the auditorium to honor the victims and share their stories. I am sure the students and staff who attended will remember this student-led memorial for a very long time. At our Middle School, a group of students went to the school cafeteria where they spent 17 minutes in silence. During lunch periods, students were invited to sign a banner that Student Council will send to the school (our High School students sent a signed banner when the school reopened.) At our Intermediate School, a small group of students had a discussion with the principal about school safety.

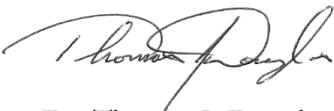
Also at the High School, our student leaders shared resources about what to do if someone sees or hears something about safety that concerns them, how to get help if a student needs support, and how to make their voices heard outside of school, including how to register to vote and participate in the national discussion. You can find the students' list of resources included with this letter.

I'm very proud of our students, staff, and the entire Horseheads community. I know we all desire to do something about school violence, and I applaud our students for wanting to speak up and actively participate. My fellow colleagues and I support their willingness to do so, as the leaders they are, in a manner that can make a difference beyond our school walls.

Once again, **I implore everyone in our school community to speak up when they see or hear anything that causes a concern for the safety and well-being of our students and staff.** Please immediately contact someone in our schools, law enforcement, and/or our 24-hour confidential Safe Schools Line at **(607) 795-2044 or 1-800-305-4984.**

Thank you and, most importantly, thank you to our student body.

Sincerely,



Dr. Thomas J. Douglas  
Superintendent of Schools

## Resources

### **National Resources:**

#### **Bullying and Cyberbullying:**

- **CyberTipline**  
800-843-5678  
Twenty-four hours a day, seven days a week  
<http://www.cybertipline.com>

#### **School Violence:**

- **National Center for Mental Health Promotion and Youth Violence Prevention**  
9 a.m. to 5 p.m. EST, Monday to Friday  
<http://www.promoteprevent.org>
- **SPEAK UP**  
866-SPEAK-UP (773-2587)  
Twenty-four hours a day, seven days a week  
<http://www.bradycampaign.org/our-impact/campaigns/speak-up>

#### **Stress and Anxiety:**

- **National Institute of Mental Health Information Center**  
866-615-6464  
8 a.m. to 8 p.m. EST, Monday to Friday  
<http://www.nimh.nih.gov/index.shtml>
- **National Mental Health Association Hotline**  
800-273-TALK (8255)  
Twenty-four hours a day, seven days a week  
<http://www.nmha.org>

#### **Suicide:**

- **National Suicide Hotline**  
800-SUICIDE (784-2433)  
800-442-HOPE (4673)  
Twenty-four hours a day, seven days a week  
<http://www.hopeline.com>
- **National Suicide Prevention Lifeline**  
800-273-TALK (8255)  
Twenty-four hours a day, seven days a week  
<http://www.suicidepreventionlifeline.org>

#### **For Encompassing Issues:**

- **Crisis Call Center**  
800-273-8255 or text ANSWER to 839863  
Twenty-four hours a day, seven days a week  
<http://crisiscallcenter.org/crisisservices-html/>
- **Crisis Text Line (U.S. only)**  
Text HELLO to 741741 or message us at [facebook.com/CrisisTextLine](https://www.facebook.com/CrisisTextLine) to chat with a Crisis Counselor.  
Twenty-four hours a day, seven days a week
- **HopeLine**  
Call or text 919-231-4525 or 1-877-235-4525  
<https://www.hopeline-nc.org/>

## **School Resources:**

### **School Psychologists and Social Workers:**

Ms. Roberts, School Psychologist  
[chrobert@horseheadsdistrict.com](mailto:chrobert@horseheadsdistrict.com)

Ms. Akins, School Psychologist  
[kakins@horseheadsdistrict.com](mailto:kakins@horseheadsdistrict.com)

Mrs. Kline, School Social Worker  
[skline@horseheadsdistrict.com](mailto:skline@horseheadsdistrict.com)

Mrs. Cardamone, School Social Worker  
[acardamone@horseheadsdistrict.com](mailto:acardamone@horseheadsdistrict.com)

### **School Counselors:**

Mrs. Thomas, School Counselor  
[lthomas@horseheadsdistrict.com](mailto:lthomas@horseheadsdistrict.com)

Mr. Eberhard, School Counselor  
[seberhar@horseheadsdistrict.com](mailto:seberhar@horseheadsdistrict.com)

Mrs. Cook, School Counselor  
[acook@horseheadsdistrict.com](mailto:acook@horseheadsdistrict.com)

Ms. Jewell, School Counselor  
[gjewell@horseheadsdistrict.com](mailto:gjewell@horseheadsdistrict.com)

Mr. Beckwith, School Counselor  
[pbeckwit@horseheadsdistrict.com](mailto:pbeckwit@horseheadsdistrict.com)

### **School Resource Officers:**

Officer Leipham, School Resource Officer  
[hleipham@horseheadsdistrict.com](mailto:hleipham@horseheadsdistrict.com)

Officer West, School Resource Officer

### **School Hotline:**

607-795-2044  
1-800-305-4984

### **Administrators:**

**Mrs. Donahue, Principal**  
[kdonahue@horseheadsdistrict.com](mailto:kdonahue@horseheadsdistrict.com)  
607-795-2500

**Mr. Buseck, Assistant Principal**  
[dbuseck@horseheadsdistrict.com](mailto:dbuseck@horseheadsdistrict.com)

**Mr. McCawley, Assistant Principal**  
[mmccawley@horseheadsdistrict.com](mailto:mmccawley@horseheadsdistrict.com)

**Mrs. Earl, Assistant Principal**  
[kearl@horseheadsdistrict.com](mailto:kearl@horseheadsdistrict.com)

## **Ways to Get Involved:**

### **March for Our Lives in Washington DC:**

On **March 24**, the kids and families of March For Our Lives will take to the streets of Washington DC to demand that their lives and safety become a priority and that we end gun violence and mass shootings in our schools today.

March with us in Washington DC or march in your own community. On March 24, the collective voices of the March For Our Lives movement will be heard.

<https://marchforourlives.com>

### **March for Our Lives in Corning:**

Corning March For Our Lives  
Corning Painted Post High School  
201 Cantigney St. Corning, NY 14830  
Saturday, March 24, 10:00 AM

On March 24<sup>th</sup>, students and families across the Southern Tier will be marching in support of the Parkland students and the March For Our Lives Movement to urge elected officials to support legislation that would make school safety and the lives of students a priority. Join us in speaking up for the safety of our schools, our children. On March 24, the collective voices of the March For Our Lives movement will be heard.

### **Registering to Vote:**

Visit the MyDMV website, and sign in or create an account. You can then register to vote by clicking "Electronic Voter Registration Application." The NY DMV will forward your application to your county Board of Elections. NOTE: Your personal details on DMV records must be up to date before you register online.

<https://voterreg.dmv.ny.gov/MotorVoter/>